1. A method for forming a spin-valve type abutted junction GMR sensor element with a thinner hard magnetic longitudinal bias layer having significantly improved magnetic properties in the junction region comprising:

providing a substrate;

forming over said substrate a seed layer for the spin-valve GMR sensor element;
forming over said seed layer a spin-valve GMR sensor element;
etching said spin-valve GMR sensor element to produce abutted junctions;
forming over said abutted junctions a lattice matching seed layer for the hard
magnetic bias layer;

forming over said lattice matching seed layer a hard magnetic longitudinal bias layer;

forming over said hard magnetic longitudinal bias layer a conducting lead layer.

- 2. The method of claim 1 wherein the seed layer for the spin-valve GMR sensor element is a layer of material chosen from the group consisting of NiCr and NiFeCr, and is formed to a thickness of between 15 Angstroms and 200 Angstroms.
- 3. The method of claim 1 wherein the seed layer for the spin-valve GMR sensor element is a layer of Ta, and is formed to a thickness of between 15 Angstroms and 200 Angstroms.

- 4. The method of claim 2 wherein the lattice matching seed layer for the hard magnetic longitudinal bias layer comprises a layer of CrX, X being chosen from the group consisting of Ti, W, Mo, V, and Mn, formed on a Ta underlayer, the Ta being formed to a thickness of between 10 Angstroms and 200 Angstroms, and the CrX being formed to a thickness of between 15 Angstroms and 200 Angstroms.
- 5. The method of claim 3 wherein the lattice matching seed layer for the hard magnetic longitudinal bias layer is a layer of CrX, X being chosen from the group consisting of Ti, W, Mo, V, and Mn and the CrX being formed to a thickness of between 15 Angstroms and 200 Angstroms
- 6. The method of claim 1 wherein the hard magnetic longitudinal bias layer is a layer of CoY, wherein Y is chosen from the group consisting of CrPt, Pt, and CrTa alloy, and is formed to a thickness of between 50 Angstroms and 1000 Angstroms.
- 7. The method of claim 1 wherein the conducting lead layer is a layer of Ta/Au/Ta and is formed to a thickness of between 100 Angstroms and 1650 Angstroms.
- 8. A spin-valve type abutted junction GMR sensor element with a thinner hard magnetic longitudinal bias layer having significantly improved magnetic properties in the junction region comprising:
 - a substrate;
 - a seed layer for the spin-valve GMR sensor element formed over said substrate;

- a spin-valve GMR sensor element formed over said seed layer;
- abutted junctions etched into said spin-valve GMR sensor element;
- a lattice matching seed layer for a hard magnetic longitudinal bias layer formed over said abutted junctions;
- a hard magnetic longitudinal bias layer formed over said lattice matching seed layer;
 - a conducting lead layer formed over said hard magnetic bias layer.
- 9. The method of claim 8 wherein the seed layer for the spin-valve GMR sensor element is a layer of material chosen from the group consisting of NiCr and NiFeCr, and is formed to a thickness of between 15 Angstroms and 200 Angstroms.
- 10. The method of claim 8 wherein the seed layer for the spin-valve GMR sensor element is a layer of Ta, and is formed to a thickness of between 15 Angstroms and 200 Angstroms.
- 11. The method of claim 9 wherein the lattice matching seed layer for the hard magnetic longitudinal bias layer comprises a layer of CrX, X being chosen from the group consisting of Ti, W, Mo, V, and Mn, formed on a Ta underlayer, the Ta being formed to a thickness of between 10 Angstroms and 200 Angstroms, and the CrX being formed to a thickness of between 15 Angstroms and 200 Angstroms.

- 12. The method of claim 10 wherein the lattice matching seed layer for the hard magnetic longitudinal bias layer is a layer of CrX, X being chosen from the group consisting of Ti, W, Mo, V, and Mn and the CrX being formed to a thickness of between 15 Angstroms and 200 Angstroms.
- 13. The method of claim 8 wherein the hard magnetic longitudinal bias layer is a layer of CoY, wherein Y is chosen from the group-consisting of CrPt, Pt, and CrTa alloy, and is formed to a thickness of between 50 Angstroms and 1000 Angstroms.
- 14. The method of claim 8 wherein the conducting lead layer is a layer of Ta/Au/Ta and is formed to a thickness of between 100 Angstroms and 1650 Angstroms.